

- snacks (individual bags)
 - o popcorn
 - pop tarts
 - o fruit cups
 - o crackers
 - chips
 - breakfast bars
 - o pretzels
 - fruit snacks
 - veggie chips
 - o gold fish
 - o GOGO squeeze applesauce
 - o granola bars
 - o trail mix

Food Pantry Essentials

- drinks
 - bottle water
 - caprisuns
 - o apple/orange juice
- nonperishables
 - o pasta
 - pasta sauce
 - o soup
 - Kellogg's snack pack
 - o slim jims
 - o dried fruit
 - jellos
 - cereal
 - macaroni and cheese
 - Legumes
 - Corn Flour

Contact Communities in Schools, resourceroom@cisofhighpoint.org 336-883-6434

