

Janell is a fourth-generation California native who has called High Point her new hometown since 2013. After working more than 20 years in the world of managed health care, she began her second career as a Biblical Counselor in 2003. She is a stage IV cancer survivor who understands personally how important attending to issues of mental health can be during the challenging seasons of our lives. She is passionate about listening to others' stories and supporting them on their journey toward hope and healing. Opening her private practice in 2017 was a culmination of that aspiration and the fiber of her life's purpose.

She is happily married to her husband of 20 years Dave Tofanelli, who is a professor at High Point University. There is nothing she values more than spending time with their three adult children. They enjoy the company of good friends and sharing dining and traveling adventures as often as they can.