



Communities  
In Schools

High Point

## Food Pantry Essentials

- snacks (individual bags)
  - popcorn
  - pop tarts
  - fruit cups
  - crackers
  - chips
  - breakfast bars
  - go-gurts
  - pretzels
  - fruit snacks
  - veggie chips
  - gold fish
  - GOGO squeeze applesauce
  - granola bars
  - string cheese
  - trail mix
- drinks
  - bottle water
  - caprisuns
  - apple/orange juice
- nonperishables
  - pasta
  - pasta sauce
  - soup
  - Kellogg's snack pack
  - slim jims
  - dried fruit
  - jellos
  - cereal
  - macaroni and cheese
  - Legumes
  - Corn Flour

Contact Zakiya Payne, [zpayne@cisofhighpoint.org](mailto:zpayne@cisofhighpoint.org) or 336-883-6434

